



skcratch LABS



All AR aid stations are stocked with GU Energy Gels, Skratch Sport Hydration Drink, SaltStick FastChews/Electrolyte Capsules, Organic Jambars and Krams.

Folsom Point (Express Station)

- GU- Non- Caffeine Gels- Lemon Sublime & Strawberry Banana
- GU- Caffeine Gels- Vanilla Bean & Salted Watermelon
- Skratch Lemon + Lime Sports Hydration Drink – (No Caffeine)
- SaltStick Electrolyte FastChews – Orange & Lemon Lime

Willow Creek

- GU - Non-Caffeine Gels –Lemon Sublime
- GU - Caffeine Gels– Vanilla Bean & Blueberry Pomegranate
- Skratch Lemon + Lime Sports Hydration Drink – (No Caffeine)
- SaltStick Electrolyte FastChews – Orange & Lemon Lime
- Jambars- Musical Mango (Vegan/GF) & Jammin’ Jazzleberry (Vegan/GF) & Chocolate Cha-Cha (GF/Trade) & Tropical Trio (Vegan/GF)
- KRAM PB&J

Black Miners Bar

- GU - Non-Caffeine Gels – Strawberry Banana
- GU - Caffeine Gels– Salted Watermelon & Vanilla Bean & Salted Lime
- Skratch Lemon + Lime Sports Hydration Drink – (No Caffeine)
- SaltStick Electrolyte FastChews – Orange & Lemon Lime
- Jambars- Musical Mango (Vegan/GF) & Jammin’ Jazzleberry (Vegan/GF) & Chocolate Cha-Cha (GF/Trade) & Tropical Trio (Vegan/GF)
- KRAM PB&J

Beal’s Point

- GU - Non-Caffeine Gels – Lemon Sublime
- GU - Caffeine Gels– Salted Lime & Vanilla Bean & Blueberry Pomegranate
- Skratch Raspberry Limeade Sports Hydration Drink – (Caffeine)
- SaltStick Electrolyte FastChews – Orange & Lemon Lime
- Jambars- Musical Mango (Vegan/GF) & Jammin’ Jazzleberry (Vegan/GF) & Chocolate Cha-Cha (GF/Trade) & Tropical Trio (Vegan/GF)
- KRAM PB&J

Granite Bay

- GU - Non-Caffeine Gels – Strawberry Banana
- GU - Caffeine Gels– Salted Watermelon & Vanilla Bean & Salted Lime
- Skratch Raspberry Limeade Sports Hydration Drink – (Caffeine)
- SaltStick Electrolyte FastChews – Orange & Lemon Lime
- Jambars- Musical Mango (Vegan/GF) & Jammin’ Jazzleberry (Vegan/GF) & Chocolate Cha-Cha (GF/Trade) & Tropical Trio (Vegan/GF)
- KRAM PB&J

Horseshoe Bar

- GU - Non-Caffeine Gels – Strawberry Banana
- GU - Caffeine Gels– Salted Watermelon & Vanilla Bean & Salted Lime
- Skratch Raspberry Limeade Sports Hydration Drink – (Caffeine)
- SaltStick Electrolyte FastChews – Orange & Lemon Lime
- Jambars- Musical Mango (Vegan/GF) & Jammin' Jazzleberry (Vegan/GF) & Chocolate Cha-Cha (GF/Trade) & Tropical Trio (Vegan/GF)
- KRAM PB&J

Rattlesnake Bar

- GU - Non-Caffeine Gels – Strawberry Banana & Lemon Sublime
- GU - Caffeine Gels– Salted Watermelon & Vanilla Bean & Chocolate Outrage
- Skratch Raspberry Limeade Sports Hydration Drink – (Caffeine)
- SaltStick Electrolyte FastChews – Orange & Lemon Lime
- Jambars- Musical Mango (Vegan/GF) & Jammin' Jazzleberry (Vegan/GF) & Chocolate Cha-Cha (GF/Trade) & Tropical Trio (Vegan/GF)
- KRAM PB&J

Dowdin's Post

- GU - Non-Caffeine Gels – Strawberry Banana & Lemon Sublime
- GU - Caffeine Gels–Vanilla Bean & Chocolate Outrage
- Skratch Raspberry Limeade Sports Hydration Drink – (Caffeine)
- SaltStick Electrolyte FastChews – Orange & Lemon Lime
- Jambars- Musical Mango (Vegan/GF) & Jammin' Jazzleberry (Vegan/GF) & Chocolate Cha-Cha (GF/Trade) & Tropical Trio (Vegan/GF)
- KRAM PB&J

Last Gasp (Express Station)

- GU - Non-Caffeine Gels – Lemon Sublime
- GU - Caffeine Gels– Cherry Lime & Chocolate Outrage
- Skratch Raspberry Limeade Sports Hydration Drink – (Caffeine)
- SaltStick Electrolyte FastChews – Orange & Lemon Lime